



YMCA

We build strong kids,
strong families, strong communities

YMCA Lunenburg County

Group Fitness Volunteer

Hours/Days Wanted: Variable

Nature & Scope:

Under the supervision of the Program Director, Group Fitness volunteers have the following responsibilities:

- Teach fitness classes in the aerobic studio or in external programming.
- Communicate with staff/co-instructors/members in a professional manner
- To portray a professional image at all times including wearing a YMCA nametag
- To be responsive and friendly to all staff members and other volunteers
- Demonstrates behaviors with an understanding and appreciation for the core values: caring, respect, honesty and responsibility

Qualifications/Requirements:

- YMCA Fitness Leader Certification or equivalent.
- Maintain re-certification requirements.
- A cleared police security clearance.
- CPR Certificate.
- Child-Abuse Registry Check.
- Attend all fitness volunteer meetings
- Minimum Age 16

Volunteer Commitment:

- Training related to the volunteer position will be provided by the YMCA and at the discretion of the instructor on an annual or bi-annual basis.
- Teach a class at a fixed regular time, and/or be able to substitute for a class when possible

Contact Person:

Alicia Strong
Program Director/Volunteer Coordinator

If you are interested in this position, please submit your letter of application and resume by Friday, December 31, 2010

